Warning signs of hearing damage include:

• Tinnitus (ringing or buzzing in the ears.)
• Muffling of sounds
• Difficulty understanding speech (you can hear all the words but can’t understand them).
• Difficulty understanding conversations in groups of people where there is background noise.

If you experience any of these early warnings, don’t wait to seek help.
Have your hearing checked by a hearing health professional.

You may be kissing your hearing goodbye!

So Wear Your Damn Earplugs!tm

Professional High Fidelity Earplugs

• 20 dB of protection*
• Clear music and speech
• Use in loud environments where it is important to understand speech
• NRR 29 rating

Classic Foam Earplugs

• 41 dB of protection*
• Muffling sound
• Use in loud environments where it is NOT important to understand speech
• NRR 12 rating

DANGER ZONE

Jet Take-off
Gunshot
Jack-hammer, Rock Concert
Car Stereo, Band Practice
Dance Club, Headphones
Factory
Subway
Busy Street
Restaurant
Conversation

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